

STIR FRIED NOODLES LUNCH

Yaki Udon or Soba

stir fried japanese noodles & veggies w/the choice of:

Chicken 7.50 or Shrimp 8.50

Seafood 8.95

(shrimp, scallops, green mussels, crabmeat & fishcake)

Dynamite Udon 9.25

shrimp, scallops, green mussels, crabmeat, fishcake & veggies tossed in spicy dynamite sauce

Summer Noodles (Cold) 8.50

Japanese cold noodles with seafood in a light tangy sauce

SOUP NOODLES LUNCH

Vegetable Tempura Udon 7.50

japanese noodles w/assorted veggies in fish broth served w/ veggie tempura on the side

Nabeyaki Udon or Soba 8.50

japanese noodles w/chicken & veggies in fish broth served w/ shrimp tempura on the side

Roasted Duck Udon or Soba 8.95

japanese noodles w/roasted duck & veggies in duck broth

Spicy Seafood Udon or Soba 8.95

japanese noodles w/seafood & veggies in a flavorful broth soup

Spicy Lemongrass Seafood Rice Noodles 8.95

light, healthy & flavorful rice noodle soup with assorted veggies

DONBURI LUNCH

Served w/soup & salad.

Katsu Don 7.50

pork or chicken cutlet deep fried cooked w/egg, assorted veggies & special sauce served over a bowl of hot rice

Oyako Don 7.50

thinly sliced marinated chicken cooked w/egg, assorted veggies & special sauce served over a bowl of hot rice

Mt. Fuji Special Don 7.95

bowl of rice topped w/chicken, shrimp & sauteed veggies in our house special garlic sauce

Yakiniku Don 7.95

thinly sliced beef marinated & sauteed w/veggies in a special sauce served over a bowl of hot rice

Curry Chicken 7.95

light curry sauce w/chicken & assorted veggies served in a hot pot

SPECIAL LUNCH BOX

*Served w/soup, salad, 3 pcs of california roll,
3 beef dumplings & choice of steamed or fried rice.*

Seared Escolar* or Salmon Steak 8.95 / 9.50*

in spicy garlic miso sauce w/steamed veggies

Talapia or Mahi Mahi 8.95

in brown ginger sauce w/steamed veggies

Asparagus Chicken Wrap 8.95

lightly grilled with spicy brown sauce

Roasted Duck Breast 8.95

marinated & served w/steam veggies in garlic sauce

Spicy Lemongrass Chicken*, Shrimp or Tilapia 8.50* / 8.95

marinated and served w/sauteed veggies in lemongrass sauce

House Seafood 9.50

lightly stir fried scallops, shrimp, mussels, & veggies in garlic sauce

Garlic Salmon 8.95

lightly breaded, stir fried w/onions & bell peppers in a garlic sauce

Crispy Chicken or Shrimp* in Sweet Tangy Sauce 8.50 / 8.95*

lightly stir fried w/fresh lemon & black pepper w/veggies

Chicken or Shrimp* Tempura 8.50 / 8.95*

deep fried w/veggies in light batter served w/tempura sauce

Chicken or Beef* (Sirloin Steak Choice) Teriyaki 8.50 / 8.95*

grilled w/veggies in teriyaki sauce

Salmon or Shrimp Teriyaki 8.95

shrimp skewer or salmon sauteed w/fresh veggies in teriyaki sauce

Yakitori 8.50

grilled chicken & scallions on a skewer w/ teriyaki sauce

Beef Negimaki 8.95

thinly sliced beef rolled w/fresh scallions, crabmeat, potatoes & carrots broiled in teriyaki sauce

Chicken Maki 8.50

lightly fried chicken, rolled w/crabmeat, potatoes, veggies, green onions & cheese

Sesame Chicken 8.50

broiled thinly sliced white meat chicken & veggies w/sesame sauce

Tonkatsu (Pork) or Chicken Katsu 8.50

cutlets lightly breaded & fried golden brown served w/katsu sauce

Ginger Chicken or Pork 8.50

thinly sliced & sauteed w/veggies in ginger sauce

SPECIAL VEGETARIAN LUNCH BOX

*Served w/soup, salad, 3 pcs of veggie roll,
3 veggie dumplings & rice.*

Vegetable Tempura 7.50

assorted veggies deep fried in light batter w/tempura sauce

Mixed Vegetables in Garlic Sauce 7.95

Tofu & Vegetable Teriyaki 7.95

lightly fried over sauteed mixed veggies w/teriyaki sauce

SUSHI BAR LUNCH SPECIAL

Served w/miso soup & green salad.

S1 California Roll & Shrimp Tempura Roll 8.95

(6 pcs/roll)

S2 2 California Rolls 7.95 (6 pcs/roll)

S3 Spicy Tuna Roll & California Roll 8.95 (6 pcs/roll)

S4 Vegetable Roll & Cucumber Roll 7.95 (6 pcs/roll)

S5 Eel Roll & California Roll 8.95 (6 pcs/roll)

S6 4 Pc Vegetable Sushi & Vegetable Roll 7.95

S7 4 Pc Sushi & California Roll 8.95

tuna, salmon, halibut, crab meat & 6 pc roll

S8 4 Pc Sushi & Tuna Roll 8.95

tuna, salmon, halibut, crab meat & 6 pc roll

S9 2 Pc Sushi, California Roll & Tuna Roll 9.50

tuna, salmon & 6 pcs each roll

S10 Maki Combo 8.95

tuna roll, california roll & cucumber roll

S11 Una Don 8.95

sliced eel over seasoned rice

S12 Fresh Salmon & Tuna Don 9.50

sliced fresh salmon & tuna over seasoned rice

S13 Spicy Sashimi Over Rice 9.95

fresh salmon & tuna marinated w/spicy sauce over seasoned rice



TAKE OUT

Lunch

Mon - Sat 11 - 3

Dinner

Mon - Sat 3 - 10

Sun 11 - 10

- We accept all major credit cards -

T 970 223 5228

F 970 223 5388

mtfujifc.com

4020 S College Ave 1-2
Fort Collins CO 80525

*Substitutions subject to additional charge.
Prices subject to change without notice.*

APPETIZERS

Beef Gyoza 5.50
beef or veggie dumplings w/sesame soy sauce

Harumaki 4.95 (chicken & veggie spring roll)

Summer Roll 7.95
rice paper, crabmeat, chicken & veggie spring roll

Stuffed Mushroom 7.95
lightly fried in tempura batter w/shrimp, chicken, scallops & onions

Age Dashi Tofu 5.95 (gently fried w/tempura ginger sauce)

Yakitori 6.95 (grilled chicken on a skewer w/teriyaki sauce)

Shumai 5.95 (steamed or fried shrimp & veggie dumplings)

Soft Shell Crab 9.95 (lightly fried w/special sauce)

Edamame 4.50

Edamame Veggie Gyoza 5.50
edamame & veggie dumplings w/sesame soy sauce

Fried Squid 8.95 (lightly battered w/chef's dipping sauce)

Green Lip Mussels 8.95
baked w/spicy mayonnaise or steamed w/black bean garlic sauce

Chicken Maki 7.95
lightly fried chicken rolled w/crabmeat, veggies & cheese

Dynamite 8.95
assort'd seafood baked w/veggies in a spicy dynamite sauce

Tatsuta-Age 8.95
ginger marinated chicken w/lemon pepper lightly deep fried served w/spicy tangy sauce

Beef Negimaki 8.95
rolled w/crabmeat, scallions, carrots & potatoes broiled in teriyaki

Tempura 5.95
shrimp or chicken w/ veggies deep fried in light batter

SOUPS

Miso 1.50

Vegetarian Dumpling 6.95
tofu, dumplings & veggies in clear broth

Lemongrass Seafood 8.95
lightly spiced w/scallop, shrimp, mussels & veggies

Tangy Seafood 8.95
shrimp, crabmeat, fishcake, scallops, veggies & tofu in light broth

SALADS

House Mixed Green Salad 2.00

Chuka 4.50
cold seaweed salad w/sesame seeds

Roasted Duck 8.95
marinated boneless breast w/mixed greens & plum honey sauce

Spicy Tuna & Salmon Sashimi 9.95
sliced & served on baby greens w/ a sweet chili vinaigrette

Spicy Tuna or Escolar Steak 9.95
in spicy garlic miso sauce w/mixed greens

ENTREES

Served w/miso soup & green salad

TERIYAKI

Chicken 10.95 **Salmon 11.95** **Beef Steak 12.95**

Tofu & Vegetable 10.95 **Shrimp & Vegetable 12.95**

Beef Negimaki 12.95
rolled w/scallions, crabmeat, carrots & potatoes broiled in teriyaki

House Seafood 14.95
broiled shrimp, scallops, mussels & salmon w/teriyaki sauce

DONBURI

Chicken or Pork Katsu Don 10.95
lightly breaded fried cutlets cooked w/egg & veggies over rice

Oyako Don 10.95
thinly sliced chicken cooked w/egg & veggies over bed of rice

Mt. Fuji Special Don 11.95
chicken, fishcakes, shrimp & veggies in our house sauce over rice

Yakiniku Don 11.95
thinly sliced beef cooked w/mixed veggies over bed of rice

TEMPURA

Shrimp & Vegetable 12.95 **Vegetable 10.95**

Chicken & Vegetable 11.95

House Special 14.95
shrimp, chicken, crabmeat, scallops & veggies w/tempura sauce

KATSU

Chicken or Pork (Ton Katsu) 11.95
cutlets lightly breaded & fried

FROM THE KITCHEN

Sesame Chicken 11.95
thinly sliced white meat chicken topped w/ sesame sauce

Curry Chicken or Shrimp* 11.95 / 12.95*
in light japanese curry sauce w/assorted veggies served in hot pot

Asparagus Chicken Wrap 15.95
wrapped in white chicken meat lightly grilled w/spicy brown sauce

SEAFOOD SPECIALS

Grilled Sole & Asparagus 15.95
served w/stir fried veggies & fresh ginger sauce

Mt. Fuji Special Sea Bass 18.95
lightly grilled w/sweet red pepper soy glaze, spinach & veggies

Asian Eggplant & Salmon 15.95
lightly fried & served w/spicy garlic sauce

Lemon Pepper Sea Scallops 15.95
jumbo scallops in lemon pepper w/asparagus & mixed veggies

Seared Tuna or Escolar Steak 17.95
in spicy garlic miso sauce w/steamed veggies

Fatty Salmon Steak with Shrimp 16.95
in spicy garlic miso sauce w/steamed veggies

Mahi Mahi 16.95
in brown ginger sauce w/steamed veggies

Three's Company 16.95
steamed asparagus, grilled scallops & shrimp w/miso tangy sauce

BOXES

MT. FUJI SPECIAL COMBO BOX

Served w/soup, salad, california roll, rice & choice of: beef dumpling or shrimp & veggie tempura

Beef (Sirloin Steak Choice) Teriyaki 16.95

Chicken or Salmon Teriyaki 15.95

Chicken or Shrimp w/ Sweet Tangy Sauce 16.95

Ginger Chicken or Pork 15.95

Chicken Katsu or Tonkatsu (Pork) 15.95

Beef Negimaki or Chicken Maki 16.95

Yakitori 16.95

House Seafood 17.95

Sushi 17.95 (5 pcs /1 ea: salmon, tuna, halibut, surf clam, crab)

Seared Tuna*, Escolar or Salmon Steak 17.95 / 18.95*
in spicy garlic miso sauce w/steamed veggies

Mahi Mahi or Filet of Sole 17.95
in brown ginger sauce w/steamed veggies

Asparagus Chicken Wrap 17.95
lightly grilled w/spicy brown sauce

VEGETARIAN COMBO BOX

Served w/soup, salad, veggie sushi roll & tempura, rice & seaweed salad

6 Pcs Vegetable Sushi 15.95

Mixed Vegetables with Garlic 15.95

Tofu & Vegetable or Ginger Tofu Teriyaki 15.95

NOODLES

SOUP NOODLES SET

Served with a choice of shumai, gyoza or california roll

Spicy Seafood w/ Fresh Ramen 14.95

Roast Duck w/ Fresh Ramen 15.95

Grilled Ginger Chicken w/ Fresh Ramen 15.95

SOUP NOODLES

Nabeyaki Udon or Soba 11.95
japanese noodles w/chicken & veggies in fish broth w/shrimp tempura

Tempura Udon or Soba 10.95
japanese noodles w/veggies in fish broth w/shrimp tempura

Spicy Lemongrass Seafood Rice Noodle 13.95
light, healthy, flavorful rice noodle soup

STIR FRIED NOODLES

Yaki Udon Or Soba
stir fried japanese noodles & veggies w/ a choice of:

Chicken 10.95 or Shrimp 11.95

Seafood 12.95
(shrimp, scallops, green mussels, crabmeat, & fishcake)

Dynamite Udon 12.95
shrimp, scallops, green mussels, crabmeat, fishcake & veggies tossed in spicy dynamite sauce

SUSHI & SASHIMI

Served w/miso soup & green salad

SUSHI BAR MENU

Nigiri Sushi Entree 16.95
8 pcs sushi & california roll (salmon, tuna, halibut, tamago, crab, eel, surf clam, masago)

Nigiri Deluxe 19.95
10 pcs sushi & tuna roll (salmon, tuna, halibut, tamago, crab, eel, surf clam, masago, octopus, shrimp)

Sashimi Entree 16.95
12 pcs (3 ea: salmon, tuna, halibut, octopus)

Sashimi Deluxe 19.95
15 pcs (3 ea: salmon, tuna, halibut, octopus, yellowtail)

Sushi & Sashimi Combo 26.95
5 pcs sushi (crab, surf clam, salmon, tuna, halibut) 12 pcs sashimi (3 ea: tuna, salmon, halibut, octopus) & california roll

Mt. Fuji Love Boat for Two 33.00
16 sushi (2 ea: salmon, tuna, halibut, surf clam, eel, crab, tamago, masago), california roll & chef's special love roll

Mt. Fuji Love Boat for Three 49.00
24 pcs sushi (3 ea: salmon, tuna, halibut, surf clam, eel, crab, tamago, masago), california, tuna roll & chef's special love roll

Sushi Red & White 17.95
2 pcs each of tuna, salmon, halibut & yellowtail

Chirashi 17.95
assorted fresh fish sashimi over sushi rice

Tekka Don 17.95
sliced tuna sashimi over seasoned rice

Una Don 14.95
sliced eel over seasoned rice

Maki Combination 14.95
tuna roll, cucumber roll & california roll

California Roll Dinner 13.95
3 rolls of crabmeat & avocado

6 Piece Cooked Sushi & California Roll 14.95

Tekka Maki Dinner 15.95
3 tuna rolls

VEGETARIAN SUSHI MENU

Veggie Roll Deluxe 13.95
cucumber roll, avocado roll & chuka roll

Vegetable Roll Dinner 12.95
3 veggie rolls

Vegetable Roll & 6 Pcs Vegetable Sushi 12.95
avocado, daikon sprouts, inari, takuan, pickle squash, asparagus & cucumber